

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>AD</b> NFL Sunday Football <b>9:00</b> Everyday News in the Common Area <b>9:00</b> Non Denominational Church Service <b>10:30</b> Morning Exercise <b>1:00</b> Tech Talk: How to Block Spam Calls <b>2:00</b> Game Club: Bingo <b>3:00</b> Sundae's on Sunday	<b>AD</b> Christmas Door Decorating Starts! <b>9:00</b> Everyday News in the Common Area <b>10:00</b> Shopping Outing: The Painted Tree <b>10:30</b> Sittercise <b>10:45</b> Catholic Communion <b>1:15</b> Prayer Circle <b>2:00</b> Game Club: Bingo <b>5:00</b> Relax and Hydrate	<b>9:00</b> Everyday News in the Common Area <b>10:30</b> Chair Yoga <b>11:00</b> Christmas Greeting Card Workshop <b>1:30</b> Card Game: 42 <b>2:00</b> Video Lecture: Stellar Evolution <b>3:30</b> Game Club: Mexican Train <b>6:30</b> Grapevine Main Street: Christmas Light Tour #1	<b>9:00</b> Everyday News in the Common Area <b>10:30</b> Morning Exercise with Select Rehab <b>11:30</b> Lunch Outing: Fish City Grill <b>1:00</b> Game Club: Yahtzee <b>2:00</b> Activity and Outing Meeting (AC) <b>3:00</b> Live Christmas Music with Jason Heilman <b>6:00</b> Grace Vocal Ensemble and Devotional	<b>9:00</b> News and Muffins in the Common Area <b>10:30</b> Resistance Bands (AC) <b>11:30</b> Game Club: Phase 10 <b>1:00</b> Walking Club <b>2:00</b> Game Club: Bingo <b>3:00</b> Live Music with Cowboy Craig <b>4:00</b> Video Lecture: Supper Massive Black Holes <b>6:00</b> Relax and Hydrate	<b>9:00</b> Everyday News in the Common Area <b>10:30</b> Sittercise (CC) <b>1:00</b> Game Club: Rummicube <b>1:45</b> Downing Middle School Girls Chior <b>2:00</b> Field Day <b>3:00</b> Happy Hour: David Adams with Truth Creek Band <b>6:00</b> Movie in the Common Area: The Grinch	<b>AD</b> College Football <b>9:00</b> Everyday News in the Common Area <b>10:30</b> Music and Movement <b>1:30</b> Game Club: Bingo <b>3:30</b> Pianist Karen <b>5:00</b> Movie in the Common Area: Jingle All the Way
<b>AD</b> NFL Sunday Football <b>9:00</b> Everyday News in the Common Area <b>9:00</b> Non Denominational Church Service <b>10:30</b> Music and Movement <b>1:00</b> Tech Talk: Navigating the App Store <b>2:00</b> Game Club: Bingo <b>3:00</b> Sundae's on Sunday <b>5:00</b> Winter Concert: Flower Mound Philharmonic	<b>9:00</b> Everyday News in the Common Area <b>10:00</b> Shopping Outing to Target <b>10:30</b> Morning Exercise <b>10:45</b> Catholic Communion <b>1:15</b> Prayer Circle <b>2:00</b> Game Club: Bingo <b>3:30</b> Christmas Caroling: Donald Elementary <b>6:00</b> Relax and Hydrate	<b>9:00</b> News and Donuts in the Common Area <b>10:30</b> Seated Noodle Exercise <b>11:30</b> Craft Activity: DIY Christmas Ornament (F) <b>1:00</b> Card Game: UNO <b>3:00</b> Game Club: Mexican Train <b>4:00</b> 12 Days of Appetizers Party <b>6:30</b> Movie in the Common Area: A holiday Homecoming	<b>9:00</b> Everyday News in the Common Area <b>10:30</b> Noodle Exercise <b>1:00</b> Game Club: Yahtzee <b>3:00</b> Bible Study <b>6:00</b> FM Community Church: Christmas Carol <b>6:00</b> Grace Vocal Ensemble and Devotional	<b>9:00</b> News and Hot Coca in the Common Area <b>10:30</b> Seated Exercise with Light Weights (AC) <b>1:00</b> Card Game: Kanasta <b>2:00</b> Game Club: Bingo <b>2:45</b> Music Therapy w/ Kris <b>6:30</b> Grapevine Main Street: Christmas Light Tour #2	<b>9:00</b> Everyday News in the Common Area <b>10:30</b> Cardio Drumming (CC) <b>11:00</b> Christmas Cookie Decorating <b>1:30</b> Christmas Caroling: Forrest Vista Elementary <b>2:00</b> Game Club: Rummicube <b>3:00</b> Happy Hour with Marty Prue <b>5:00</b> Relax and Hydrate	<b>AD</b> College Football <b>9:00</b> Everyday News in the Common Area <b>10:30</b> Music and Movement <b>1:30</b> Game Club: Bingo <b>3:00</b> Memory Lane Music <b>3:30</b> Men's Lodge: Sports <b>5:00</b> Relax and Hydrate
<b>AD</b> NFL Sunday Football <b>9:00</b> Everyday News in the Common Area <b>9:00</b> Non Denominational Church Service <b>10:30</b> Music and Movement <b>12:00</b> Dallas Cowboys VS. Carolina Panthers <b>1:00</b> Tech Help w/ Jeff <b>2:00</b> Game Club: Bingo <b>11:30</b> Movie in the Common Area: Santa Paws	<b>9:00</b> News and Coffee in the Common Area <b>10:30</b> Sittercise <b>10:45</b> Catholic Communion <b>1:15</b> Prayer Circle <b>2:00</b> Game Club: Bingo <b>3:00</b> Christmas Show: Stevie J. Rose & Toni <b>5:00</b> Relax and Hydrate	<b>9:00</b> Everyday News in the Common Area <b>10:00</b> Chair Yoga <b>10:30</b> BlueBonnet Elementary Show Chior <b>1:30</b> Card Game: 42 <b>3:00</b> Bible Study <b>3:30</b> Game Club: Mexican Train <b>6:00</b> Wind Down: Drinks in the Common Area	<b>9:00</b> Everyday News in the Common Area <b>10:30</b> Morning Exercise with Select Rehab <b>11:30</b> Lunch Outing: Hillside Grill <b>1:00</b> Game Club: Yahtzee <b>2:00</b> Resident Council Meeting (AR) <b>4:40</b> LD Church Group Craft and Songs <b>6:00</b> Grace Vocal Ensemble and Devotional	<b>9:00</b> Everyday News in the Common Area <b>10:30</b> Resistance Bands (AC) <b>11:00</b> Walking Club <b>1:00</b> Forestwood Choir <b>2:00</b> Game Club: Bingo <b>3:00</b> Grub Club: Monthly Food and Beverage Meetings <b>5:00</b> Relax and Hydrate	<b>AD</b> Surprise Judge will Announce Winner of Door Decor at Happy Hour <b>9:00</b> Everyday News in the Common Area <b>10:30</b> Cardio Drumming (CC) <b>11:00</b> Penny Pinching <b>1:30</b> Game Club: Rummicube <b>3:00</b> Happy Hour: Jerry Ashton sings the classics <b>4:30</b> Christmas Story Time	<b>AD</b> College Football <b>9:00</b> Everyday News in the Common Area <b>10:00</b> ACT Christmas Caroling <b>10:30</b> Music and Movement <b>1:30</b> Bad Habit's Performance <b>2:30</b> Game Club: Bingo <b>3:30</b> Men's Lodge: Sports <b>3:30</b> Pianist Karen
<b>AD</b> NFL Sunday Football <b>9:00</b> Everyday News in the Common Area <b>9:00</b> Non Denominational Church Service <b>10:30</b> Music and Movement <b>1:00</b> Tech Help w/ Jeff <b>2:00</b> Game Club: Bingo <b>3:00</b> Flower Mound United Methodist Christmas Carol	<b>9:00</b> Everyday News in the Common Area <b>10:00</b> Shopping Outing: The Nail Salon <b>10:30</b> Sittercise <b>10:45</b> Catholic Communion <b>1:15</b> Prayer Circle <b>2:00</b> Game Club: Bingo <b>3:30</b> Music Starz Studio Performance <b>5:00</b> Relax and Hydrate	<b>AD</b> Christmas Eve <b>9:00</b> Everyday News in the Common Area <b>10:30</b> Seated Exercise with Light Weights <b>12:30</b> Video Lecture: Moving the Starz <b>2:30</b> Card Game: UNO <b>3:30</b> Game Club: Mexican Train <b>5:30</b> Movie in the Common Area : A Christmas Kiss	<b>AD</b> Christmas <b>9:00</b> Everyday News in the Common Area <b>10:30</b> Morning Exercise with Music <b>1:00</b> Game Club: Yahtzee <b>1:00</b> Movie: Polar Express and Hot Coca in the Peacock Parlor <b>3:00</b> Bible Study <b>6:00</b> Grace Vocal Ensemble and Devotional	<b>9:00</b> Everyday News in the Common Area <b>10:30</b> Resistance Bands (AC) <b>1:30</b> Walking Club <b>2:00</b> Game Club: Bingo <b>2:00</b> Music Therapy w/ Kris <b>3:00</b> Town Hall <b>6:00</b> Movie in the Common Area: A Christmas Story	<b>9:00</b> News and Cookies in the Common Area <b>10:30</b> Seated Exercise with Light Weights (CC) <b>11:00</b> Activity: January Table Centerpiece <b>1:30</b> Game Club: Rummicube <b>2:00</b> December Birthday Party at Happy Hour with Divine Shanna! <b>5:30</b> Video Lecture: The Importance of Dental Hygiene	<b>AD</b> College Football <b>12:00</b> Movie in the Common Area: Home Alone 2 <b>9:00</b> Everyday News in the Common Area <b>10:30</b> Music and Movement <b>1:30</b> Game Club: Bingo <b>3:30</b> Men's Lodge: Sports <b>3:30</b> Pianist Karen
<b>AD</b> NFL Sunday Football <b>8:30</b> Everyday News in the Common Area <b>9:00</b> Non Denominational Church Service <b>10:30</b> Music and Movement <b>1:00</b> Tech Talk: How to Delete Photos <b>2:00</b> Game Club: Bingo <b>3:00</b> Sundae's on Sunday	<b>9:00</b> Everyday News in the Common Area <b>10:00</b> Shopping Outing : Half Price Book <b>10:30</b> Chair Yoga <b>10:45</b> Catholic Communion <b>1:15</b> Prayer Circle <b>2:00</b> Game Club: Bingo <b>6:00</b> Movie in the Common Area: Madea's Christmas	<b>9:00</b> Everyday News in the Common Area <b>10:30</b> Morning Exercise <b>1:00</b> Card Game: UNO <b>2:00</b> Game Club: Mexican Train <b>4:00</b> Say Goodbye to 2024: New Years Eve Party! <b>5:30</b> Video Lecture: Why Internet Safety Is Important	<h1>DECEMBER 2024</h1> <h2>THE OAKS AT FLOWER MOUND</h2> <p>Director of Lifestyles/ <a href="mailto:kgibson@theoaksatflowermound.com">kgibson@theoaksatflowermound.com</a>/ 512-639-2153</p>			

- HAPPY BIRTHDAY!**
- William Margach** 12/02
  - Rene Sutton** 12/10
  - Ina O'Conner** 12/15
  - Barbra Mooney** 12/27
  - Maxine Wilson** 12/28
  - Opal Simmons** 12/31

- ANNOUNCEMENTS**
- Filed Day** 12/6
  - 12 Appetizers of Christmas Party** 12/10
  - Christmas Eve** 12/24
  - Christmas Day** 12/25
  - Hanukkah Begins** 12/25
  - New Years Eve** 12/31
  - New Years Eve Party** 12/31

**QUOTE**

**"As one year ends and a new one starts, I'd like to wish you all success and happiness"**

**-Nick Yalloah**