November 2026

The Oaks at Flower Mound

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **AD** Alzheimer's Awareness Silent Auction Begins! **9:00** Non Denominational Church Service w/ Pastor Mike **10:30** Chair Yoga **2:00** Game Club: Bingo **3:00** Sundaes on Sunday	**2** **10:00** Morning Exercise w/ Light Weights **10:30** Valley Ridge Singers in the Common Area **10:45** Catholic Communion **11:30** Lunch Outing: Flurry's Bistro **2:00** Game Club: Bingo	**3** **9:00** Chair Yoga **2:00** Game Club: Rummicube in the Library **2:30** Men' s Mexican Train Group in the Activity Room **4:00** Wine & Unwind in the Peacock Parlor **6:00** Movie in the Common Area: The Goonies (1985)	**4** **AD** Happy Birthday Sandra Talkington and Anita Blinka! **10:00** Cardio Drumming **1:00** Game Club: Mahjong in the Activity Room **1:00** Shopping Outing: Walmart **3:30** Activity and Outing Meeting **6:00** Bible Study w/ Pastor Johnston	**5** **10:00** Morning Exercise w/ Select Rehab **2:00** Fresh Popcorn in the Peacock Parlor **2:00** Game Club: Bingo **3:00** Live Music with Cowboy Craig **6:15** Sing Along with Sandra at the Piano	**6** **AD** Happy Birthday Myrta Rodriguez! **10:00** Chair Yoga **10:30** Build our Gratitude Tree in the Peacock Parlor **2:00** Happy Hour with Russell Turner the Magician in the Common Area **4:00** Game Club: Connect 4!	**7** **10:30** Music and Movement **2:00** Game Club: Bingo **3:00** Tech Help with YMSL Group **3:15** Music Starz Studios: Piano Performance **6:00** Movie in the Common Area: Monster House (2006)
8 **AD** Happy Birthday Linda Bacha! **9:00** Non Denominational Church Service w/ Pastor Mike **10:30** Chair Yoga **11:30** Burgers and Hotdogs on the Patio **2:00** Game Club: Bingo	**9** **AD** Happy Birthday Kathleen Cattat! **10:30** Morning Exercise w/ Light Weights **10:45** Catholic Communion **11:30** Lunch Outing: Esparza's Restaurant Mexicano **2:00** Game Club: Bingo **3:30** Helen's Homemade Lotion Lab	**10** **9:00** Chair Yoga **1:00** Game Club: Rummicube in the Library **2:00** Chef's Chat: Monthly Food and Beverage Meeting in the Activity Room **4:00** Wine & Unwind in the Peacock Parlor **6:00** Movie in the Common Area: Secondhand Lions (2003)	**11** **AD** Veterans Day **10:00** Cardio Drumming **1:00** Game Club: Mahjong in the Activity Room **1:00** Shopping Outing: Belk **3:30** Veterans Day Celebration with Jason Heilman in the Common Area **6:00** Bible Study w/ Pastor Johnston	**12** **AD** Happy Birthday Frank Polhert! **9:30** Flu and C-19 Clinic **10:00** Morning Exercise w/ Select Rehab **11:00** Zooey Enterprise Craft Showing in the Activity Room **2:00** Game Club: Bingo **6:15** Sing Along with Sandra at the Piano	**13** **10:00** Activity: Beaded Corn Craft Kit in the Activity Room **10:00** Chair Yoga **3:00** Happy Hour with Marty Prue **4:00** Game Club: Connect 4!	**14** **9:30** Walk to End Alzheimer's **10:30** Music and Movement **1:00** Music Starz Studios: Piano Recital **2:00** Game Club: Bingo **3:00** Tech Help with YMSL Group **6:00** Movie in the Common Area: The Mask (1994)
15 **9:00** Non Denominational Church Service w/ Pastor Mike **10:30** Chair Yoga **2:00** Game Club: Bingo **3:00** Sundaes on Sunday	**16** **10:30** Morning Exercise w/ Light Weights **10:45** Catholic Communion **11:30** Lunch Outing: Wu Wei Din Chinese Cuisine **2:00** Game Club: Bingo	**17** **9:00** Chair Yoga **2:00** Game Club: Rummicube in the Library **2:30** Men' s Mexican Train Group in the Activity Room **4:00** Wine & Unwind in the Peacock Parlor **6:00** Movie in the Common Area: Spider-Man: Homecoming (2017)	**18** **10:00** Cardio Drumming **1:00** Game Club: Mahjong in the Activity Room **1:00** Outing: The Nail Salon **3:30** Resident Council Meeting in the Activity Room **6:00** Bible Study w/ Pastor Johnston	**19** **AD** Alzheimer's Awareness Silent Auction Ends! **10:00** Morning Exercise w/ Select Rehab **2:00** Fresh Popcorn in the Peacock Parlor **2:00** Game Club: Bingo **5:00** Thanksgiving Family Dinner	**20** **10:00** Chair Yoga **10:30** Activity: Stained Glass Suncatchers Art Craft in the Activity Room **3:00** Happy Hour: Jerry Ashton sings the classics **4:00** Game Club: Connect 4!	**21** **10:30** Music and Movement **2:00** Game Club: Bingo **3:00** Tech Help with YMSL Group **3:15** Music Starz Studios: Piano Performance **6:00** Movie in the Common Area: Bad Boys (1995)
22 **9:00** Non Denominational Church Service w/ Pastor Mike **10:30** Chair Yoga **2:00** Game Club: Bingo **3:00** Sundaes on Sunday	**23** **AD** Happy Birthday Becky Britton! **10:30** Morning Exercise w/ Light Weights **10:45** Catholic Communion **11:30** Lunch Outing: Luna Grill - Mediterranean **2:00** Game Club: Bingo	**24** **9:00** Chair Yoga **2:00** Game Club: Rummicube in the Library **4:00** Mix, Mingle & Munch: Wine & Cheese in the Peacock Parlor **6:00** Movie in the Common Area: Operation Fortune: Ruse de Guerre (2023)	**25** **10:00** Cardio Drumming **1:00** Game Club: Mahjong in the Activity Room **1:00** Shopping Outing: The Collective Boutiques Highland Village **3:00** VTS Balance with Select Rehab **6:00** Bible Study w/ Pastor Johnston	**26** **AD** Happy Birthday Walter Kinworthy & Joan Reinhard! **AD** Happy Thanksgiving! **10:00** Morning Exercise **2:00** Game Club: Bingo	**27** **10:00** Chair Yoga **10:30** Volunteer to Organizing the Library **2:00** Happy Hour Birthday Celebration with Divine Shanna & Brightstar Care! **4:00** Game Club: Connect 4!	**28** **10:30** Music and Movement **2:00** Game Club: Bingo **3:00** Tech Help with YMSL Group **6:00** Movie in the Common Area: Arthur Christmas (2011)
29 **AD** Happy Birthday Vilma Dees! **9:00** Non Denominational Church Service w/ Pastor Mike **10:30** Chair Yoga **2:00** Game Club: Bingo **3:00** Sundaes on Sunday	**30** **10:30** Morning Exercise w/ Light Weights **10:45** Catholic Communion **11:30** Lunch Outing: Roco's Italian Restaurant **2:00** Game Club: Bingo **3:30** Town Hall!					



Quote of the Month!

"Two roads diverged in a wood, and I—I took the one less traveled by, And that has made all the difference."
–Robert Frost

Announcements!

11/01 - 11/19
Alzheimer's Awareness Silent Auction
11/11
Veteran's Day
11/14
Community Walk to End Alzheimer's
11/19
Thanksgiving Family Dinner
11/26
Thanksgiving Day

Activity Key!

- Social
- Physical
- Religious
- Outing or Food
- Entertainment
- Intellectual / Meeting

AD - All Day
YMSL - Young Men's Service Leauge